

The Incredible Years



FREE Parenting Classes!

Participating Parents/Caregivers will receive:

- FREE weekly parenting sessions for 14 weeks via Zoom.
- A FREE MEAL for each weekly session!

SCHOOL AGE SERIES

(parents of children ages
6 - 12 years old)

Begins Thursday, September 2
from 6:30-8:30pm
Every Thursday for 14 weeks

PRESCHOOL AGE SERIES

(parents of children
ages 3 - 6 years old)

Begins Tuesday, September 14
from 6:30-8:30pm
Every Tuesday for 14 weeks



Join a dynamic community of parents and caregivers to learn new parenting skills, be supported as you practice these skills, and grow your confidence and ability to handle the ups and downs of parenting.

To register, call Becki at
828.698.0674 or email
beckiw@childrenandfamily.org

